



Phone: (250) 339-2625 Fax: (250) 339-1076

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www.valleyhomemeals.com

Order Form

DELIVER ON:	
NAME	PHONE
ADDRESS, please include City/Town	
Food Allergies / Special Dietary Needs:	POSTAL CODE

MENU Please enter quantities for the menu items you would like to order:

Soups \$3.50 ea.	Quantity	Desserts \$1.75 ea.	Quantity
100 Corn Chowder	_____	300 Brownies	_____
101 Cream of Broccoli	_____	301 Banana Cake	_____
102 Split Green Pea	_____	302 Carrot Cake	_____
103 Chicken Vegetable	_____	303 Fruit Crisp	_____
104 Minestrone	_____	304 Lemon Cake	_____
105 Lentil	_____	305 Bran Muffins	_____
		306 Stewed Rhubarb	_____
		307 Pear Slices	_____
		308 Peach Slices	_____
		309 Pineapple Upside-Down Cake	_____



To qualify for Combo Pack Pricing simply choose any 15 or more entrees or individual dinners of your choice.

♥ *Meals identified with the "Heart" symbol are low in fat, sodium and cholesterol.*

	Regular Entrees \$6.75 ea.	Large Entrees \$8.75 ea.
	Quantity	Quantity
♥ 401Y Roast Chicken , Gravy, Cranberry Sauce, Brussels Sprouts, Carrots, Mashed Potatoes	_____	_____
♥ 402Y Roast Pork , Gravy, Peas, Beets & Mashed Potatoes	_____	_____
♥ 403Y Chicken , Mushroom Sauce, Spinach, Braised Red Cabbage & Mashed Potatoes	_____	_____
♥ 404Y Salisbury Steak , Gravy, Broccoli, Creamed Corn & Mashed Potatoes	_____	_____
♥ 405Y Cabbage Rolls , Broccoli, Carrots & Scalloped Potatoes	_____	_____
♥ 406Y Shrimp in Tarragon Lemon Cream Sauce , Peas, Carrots & Brown Rice	_____	_____
407Y Swedish Meatballs , Sour Cream Gravy, Mashed Carrot & Rutabaga, Peas, Raspberry Jelly & Egg Noodles	_____	_____
♥ 408Y Bangers & Mash , Peas & Carrots	_____	_____
409Y Asian Meatballs , Summer Vegetable Medley & Brown Rice	_____	_____
♥ 401G Ham , Spinach, Creamed Corn & Scalloped Potatoes	_____	_____
♥ 402G Chicken a la King , Peas, Carrots & Mashed Potatoes	_____	_____
♥ 403G Stuffed Green Pepper , Green Beans, Kernel Corn & Scalloped Potatoes	_____	_____
♥ 404G Pork Chop , Mushroom Sauce, Broccoli, Beets & Mashed Potatoes	_____	_____
♥ 405G Braised Beef , Gravy, Green Beans, Carrots & Mashed Potatoes	_____	_____
♥ 406G Chicken Cacciatore , Broccoli, Carrots & Brown Rice	_____	_____
♥ 407G Meatloaf , Mashed Carrots & Rutabaga, Peas & Scalloped Potatoes	_____	_____
408G Curried Chicken Mango Chutney, Summer Vegetable Medley & Brown Rice	_____	_____
409G BBQ Chicken , Squash, Green Beans & Brown Rice	_____	_____
♥ 410G Wild Salmon , Dill Sauce, Carrots, Green Beans & Brown Rice	_____	_____

Individual Dinners \$6.50 ea.

	Quantity
501Y Beef Stew	_____
502Y Macaroni & Cheese \$6.00	_____
503Y Lasagna	_____
504Y Tuna Noodle Casserole	_____
505Y Beef Pot Pie	_____
501G Shepherd's Pie	_____
502G Quiche with Cheese & Broccoli	_____
503G Spaghetti & Meat Sauce	_____
504G Chicken Pot Pie	_____
505G Chili Con Carne	_____

Substitutions: \$1.25 extra
Please list any substitutions below: